



Columbia Grain™

CULTIVATING GROWTH™

# RECIPE

## Delectable Lentil Brownies

Try this quick and easy vegetarian recipe for fudgy lentil brownies that are high in protein. Perfect for your chocolate cravings!



### INGREDIENTS

- 4 large eggs
- 2 cups sugar
- 1 cup vegetable oil
- 2 tsp vanilla extract
- 1 ½ cups flour
- ½ cup cocoa powder, plus 2 tbs
- 1 tsp salt
- 1 cup chocolate chips
- 1 cup cooked large lentils. (Cooked 40 minutes and drained. Do not pre-soak)
- 1 cup small marshmallows

### INSTRUCTIONS

1. Beat the eggs and sugar.
2. Add in the oil and vanilla.
3. Sift the dry ingredients and add to the sugar and egg mixture.
4. Stir in the chocolate chips, cooked lentils, and marshmallows.
5. Bake in a greased 9 by 13 inch pan at 350 degrees for 35 minutes.



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